

GLADE ZAMBIA 2 COLLECTION (updated January 2011)

About food, farming, shopping, nutrition and daily life in rural and urban settings.
See the pink Collection File in the large green box for details.

CHECK LIST. Please use the columns on the right to check items (in and out). Return items to the boxes that you found them in.

LARGE BASKET WITH LID

		IN	OUT
Chitenge Collection 10 Pieces Chitenges are two-metre lengths of cotton cloth used for many purposes, mainly by women.	<ul style="list-style-type: none"> • Fish eagles and umbrellas on a black ground. • Table lamps on a green ground. • Orange brushes on a black ground. • Big and little yellow fishes on a black ground. • Mauve and red butterflies on a black ground. • Lion heads on a blue & beige ground. • Large red, yellow and black fish on a white ground. • Trophies on a geometrical yellow, orange, red & black ground. • Feathers on a beige ground with fine black lattice. • Yellow elephant heads on a beige ground with black lattice. 		
Chitenge Uses	Laminated A4 sheet		

LARGE BOX & SMALLER BOX

Zambia Collections	Pink Folder – Collection 2, Food and Farming		
Conical Food Cover	Made of wire with grass round it wrapped with raffia etc. Used to keep food warm (from the North Western Province).		
Red Plastic Bowl	Zambians always wash their hands before eating, and a bowl, like this one, and a water container is passed round for the purpose. The host pours hot water onto each guest's hands in turn. If you are going to eat nshima, you will not dry your hands.		
Winnowing Basket	Large, shallow, circular woven basket with a chequerboard design. Used to winnow maize, grain etc (Tonga).		
Serving Basket	This circular patterned basket with a square base is of Tonga design.		
Small Basket	Very simple, basic design. Possibly used to winnow or sieve.		
Square Maize Sieve	Used to sieve ground maize (mealie meal). Made from re-cycled wood and metal.		
Enamel Serving Dish + Lid	Probably made in China, but commonly used in Zambia.		
Nshima Serving Spoon	Nshima is a porridge made from mealie meal. The spoon is used for dishing it out in dollops on to serving plates ready to eat. The spoon is dipped in hot water before serving.		
2 Nshima Stirring Sticks	Large, flat wooden spoons (sticks) used in making nshima.		
Sweeping Brush	Made of grasses bound with rubber from an old tyre. Used in all Zambian homes for sweeping inside and outside the home.		
Woman Pounding	Small model of a woman using a mortar and pestle to pound.		

		IN	OUT
Charcoal Brazier	Used universally in Zambian villages. Because so much air can circulate underneath, the charcoal burns at a high temperature. Town households, living in bungalows with electricity, usually also have one as a back-up (in case the power fails), as a non-working stove or, simply because it is traditional to cook with it.		
Piece of Mealie Meal Sack	Used as a base for rag rugs, for making imitation grass skirts for traditional dancing and for a host of other things.		
2 Small Jars	One each of maize and mealie meal (NOT TO BE EATEN!). These show maize kernels before and after grinding.		
Square of Matting	Sample of woven bamboo matting used in rural homes.		
Head Ring	To help carry containers safely on the head.		
Painting on Canvas	Picture of a girl carrying a water container.		
4 'Maheu' Bottles	Maheu is a traditional energy-giving drink made from maize in villages. Now it is also made commercially in different flavours. Not as popular as fizzy drinks, but cheaper and more nutritious.		
Sugar Bowl with Lid	Wooden bowls like this are used in the home but are also popular tourist items.		
Photopacks, General	Four photo sets in plastic wallets: A. Cooking and Eating. B. Food and Nutrition. C. Shops and markets. D. Subsistence Farming.		
Photopack, Kitchen Party	Tells the story of a typical kitchen party. In a plastic wallet with explanatory notes.		
Photopack, Mrs Chimbele's Garden	Describes how cultivation is done at Mrs Chimbele's 'garden' (ie her small farm on the outskirts of Mufulira. In a plastic wallet.		
Food Packaging & Bags	A wide variety – can be used to find out where food is sourced, what the regulations are with reference to stating ingredients etc.		

PORTFOLIO

Copper Picture	Large beaten copper picture showing a rural Zambian family scene.		
Zambian Village Scene	Made from reeds, banana leaves etc.		
Information Sheets	Three laminated sheets: Traditional homes and stoves (A3). Maize (A3). Kapenta (A4).		

SEPARATE ITEM

Large Mortar and Pestle	Traditionally used for pounding maize, ground nuts etc.		
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NB. PLEASE BEWARE OF LETTING LEARNERS WITH NUT ALLERGIES USE THE MORTAR AND PESTLE. IT COULD CONTAIN TRACES OF NUTS!