

This is a very popular bite! The cake is not very cheap to make. Make sure you have the time and energy to source the ingredients and make the cake. Generating discussion around this bite is easy.

Ingredients (Note: this bite assumes that you have already baked your cake – why not use the yummy recipe in GLADE’s Global Bites Resource Pack?):

- The baked cake cut into *small* pieces.
- The packets the ingredients came in, which will have on them the origin of the ingredient.
- A world map. Best to use a simple, wipeable, plastic coated one, plus a New Internationalist World Guide, which gives lots of interesting facts and statistics about every country in the world
- Optionally (but makes it more interesting) – pre-prepared labels giving the ingredients plus a few that aren't there, the countries they come from and the miles from UK (all included in the GLADE resource pack, plus answer sheet!)
- Books about food from all over the world; fair trade information etc (all included in the GLADE resource pack.)
- Hand-washing facilities, paper napkins or plates to serve the cake on.

Method: 10 – 20 minutes at most

Age range: 5 years upward

- Arrange everything on a table – the map is best horizontal.
- Encourage passers-by to try the cake and guess to start with what is in it, where it is from and how far it has travelled.
- After they have guessed encourage them to look at the empty packets to check their guesses, and eventually help them with the answers.
- Other people who come along can join in.
- Give (or sell) them a recipe sheet if they want one.

Global issues raised: encourage discussions about distance travelled, why we import, fair trading etc, using the map, books and fair trade literature to help. Ask them if they buy fair traded goods and why. Extend to non-food fair trade, labour exploitation, etc etc. You are likely to find a mix of people already committed and some who are not, and the discussion often takes off on its own.



Additional resources: It is particularly useful to make sure you are near coffee so that people can have a coffee too. Make sure it is fairly traded!

Where to use this global bite: Coffee mornings, fair trade sales (but not necessarily using fairly traded ingredients – you're using this cake to make a point!); fêtes, conference breaks.

Variations on the theme:



You can cook almost any food item which has a wide variety of identifiable ingredients in it – pizzas, muffins, fruit cake etc – you could even just do fruit salad or simple sandwiches. The trick is to find ingredients from *different* countries, *different* distances away, ideally including something surprising, like our Whole World Cake includes apples from China. You can usually find out about the ingredients in more detail than the packet gives by looking up the supplier on the internet. Fairly traded items will often give you stories about the producers.