



Global Learning And Development Education
Resources for Learning,
Parkway, Bridgwater,
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Tel: 01278 439347 Email: glade@glade.org

Developing knowledge, skills and attitudes for change in a global society

SOUTHERN AFRICA MUSIC COLLECTION

The instruments in this collection are largely sourced from Zambia, but some of the tapes, music and information are drawn from a wider area across Southern Africa and include both traditional and contemporary African music.

Please use the boxes on the right to check the items **IN** and then **OUT** before you return the collection.

Instruments

		IN	OUT
Gourd Shaker	With carved handle. (Easy to damage – its pair was unfortunately broken on the way back from Zambia)		
Thumb Piano (+ statuette)	Marimba (thumb piano with gourd attached by string). Look at the small statuette to see how to hold it. The gourd acts as a resonator. This instrument has many different names, eg. Mbira, Sansa (see CD). The statuette is probably a tourist item		
Three Small Drums	With skins made from animal hide. Warm up to get a good sound as with all Zambian drums.		
Tambourine	Made of re-cycled wire, bottle tops and plastic bags.		
Pair of Leg Shakers	Tie one to each shin. (reminiscent of Morris Dancers)?		
9 Dried Bean Pods	From the Cassia tree. Hold one end fairly loosely and tap the other end on your other hand or shoulder or knee etc.		
5 Reed Shakers	Tsheke-tsheke (reed shakers). Hold a shaker horizontally and loosely with one hand at each edge of the shaker, then toss it gently from hand to hand. Experiment with different ways of shaking and with different rhythms.		
Double-ended Shaker	From the Congo		
Rainstick	Seeds trapped in the empty stem.		
3 x Clackers	Decorated with painted animal faces.		

Cassettes, CDs & Information Sheets

Mano Basic School , Mufulira	Cassette tape of singing and drumming. Mano Basic School. A very 'homemade tape' but it gives a good impression of the energy and rhythm of Zambian music.		
Contemporary Zambian Music	Cassette tape by Angela Nyrenda, a very popular Zambian singer. She sings in several Zambian languages. Unfortunately, no indication is given of the meanings.		
Rhythm Time	Cassette tape of world percussion from NI's World Music Network. Unfortunately there is no information about where each piece comes from.		
Hamoba	Cassette tape chosen for the collection by Zambian teenagers as popular at the moment.		
Ta Tenda	CD of Mbira (thumb piano music played by Chartwell from Zimbabwe.		
Nalu	Cassette tape of Nalu Siningankale Wakumbali, Zambian singer.		
Angela Nyrenda	Cassette tape.		
Oxfam Africa	An enhanced CD from Africa. Music accompanied by a visual representation of OXFAM's work in Africa. World Music Network.		



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Audio Cassette	Talking Drum – I Live In A City.		
Zambian National Anthem	A single sheet of music and words (in English).		
An Introduction to Zambia	A general introduction giving useful background information, not solely about music. From the UNICEF 'Palm Grove' pack		
Leaflet	Music of Zambia		

		IN	OUT
Mufulira School Choir	CD of the choir singing a mixture of Western religious music, traditional Zambian songs, the Zambian National Anthem and a particularly beautiful contemporary song remembering the death of the Mufulira football team in an air crash. Mufulira High School/CMCPT.		
Music & Musical Instruments	Leaflet about African musical instruments – Africa Focus Series. Classifies African musical instruments and explains how they are made and played.		
A Zambian Song	A single sheet giving the words (in chi-tonga) and the tune of a song from the Gwembe Valley, with ideas for teachers for performance. Harvest Help.		
Video Cassette	African Portraits – Zimbabwe with laminated info leaflet.		

Fabrics

Chitenge No 1	Blue and maroon – drum pattern.		
Chitenge No 2	Orange and maroon elephant heads on mauve.		
Chitenge No 3	Flame shapes on orange and black chequerboard.		
Chitenge No 4	Dancing couples on an orange background.		
Chitenge No 5	Black digging tools on an orange and green ground.		

For additional information on Southern Africa, also refer to

- **Zambia 1 Collection** showing daily life in Zambia
- **Zambia 2 Collection** showing food and farming in Zambia

For additional information on African music, also refer to

- **West Africa Music Collection**; music and percussion instruments from West Africa
- **Uganda Collection**; includes some music and instruments
- **Kenya Collection**; includes some music and instruments